

Tremayne Thomas, MS, LMHC

1402 Royal Palm Beach Blvd., Suite 400B

Royal Palm Beach, FL 33411

561-792-9242

ACADEMIC CREDENTIALS

Nova Southeastern University, - Masters of Science in Mental Health Counseling. 2006
Fort Lauderdale, Florida

Stetson University University, - Bachelor of Arts in Sports Administration. 1996
Deland, Florida

PROFESSIONAL EXPERIENCE

Ingram & Associates - August 2014-Present Royal Palm Beach, FL
Therapist
Provide Individual and family therapy
Utilizing CBT, MI, Solution-Focused therapy

Chrysalis Health - January 2002-present Fort Lauderdale, FL
Outpatient Therapist/Assessor - June 2012-Present
Facilitate individual and family therapy sessions
Attend and participate in multi-disciplinary meetings at various agencies including schools, courts, and ChildNet.
Complete monthly treatment plans and reviews
Complete biopsychosocial assessments
Complete discharge and aftercare planning
Complete crisis plans; safety contracts; no-harm contracts
Administered potential to self-harm assessments
Complete BBHSE Assessment to warrant proper treatment
Conduct STARRT trainings quarterly
Conduct CBT Protocol for Adolescents

Monarch Group Home Coordinator - October 2007-May 2012 Pompano Beach, FL
Supervised staff and therapist for sexual specific group home
Implement Programming for sexual specific group home
Participate in audits to ensure clinical quality and compliance
Participated and attended MDT staffings with outside agencies that included ChildNet
Trained New Program Coordinators

Monarch Group Home Shift Leader - January 2002-October 2007 Pompano Beach, FL
Responsible for proving consistent structure, supervision, and behavior management for clients
Co-Facilitated therapeutic groups and assisted with group documentation
Assisted with Crisis Intervention

ADDITIONAL TRAINING

- CBT Protocol for Adolescents - 2013
- Understanding Children with Sexual Behaviors Problems - 2011
- Human Trafficking - 2011
- TRAUMA Training – 2011-Present
- Substance Abuse Training - 2011-Present
- Sexual Minority Issues in Schools and Social Settings - 2010
- NAPPI Certified - 2007-Present
- STARRT Training – 2008-Present
- Certified Substitute Teacher Broward County School Board - March 2003-2009
- Experience with Emotional Behavioral/ Developmental Students/Exceptional Student Education/Severely/Emotionally/Disabled at Sunset Learning Center - March 2003-2009

CERTIFICATIONS

- FARS August 2012
- Licensed Mental Health Counselor November 2011
- CFARS May 2010
- NAPPI Certified since 2007

REFERENCES

Dr. Raymonde Dormezil-Neal, Psy.D, Clinical Psychologist at Whole Health Psychological Center & Adjunct Faculty at Nova Southeastern University Center for Psychological Studies

Dr. Sheila Rapa, Psy.D. Clinical Director at Chrysalis Health (954) 587-1008
Ft. Lauderdale, FL

Alicia Olivieri, LMHC Outpatient Program Director at Chrysalis Health (561) 533-6640
Lake Worth, FL