

Carrie A. Longest, LMHC, RPT-S

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| EDUCATION | Palm Beach Atlantic University Masters of Science, Counseling Psychology | West Palm Beach, FL 2004 |
| | University of Central Florida Bachelor of Arts, Psychology | Orlando, FL 1998 |
| PROFESSIONAL EXPERIENCE | Ingram & Associates Private Practice Therapist | Royal Palm Beach, FL October 2014 – Present |

Provide individual and family therapy. Specializing in Play Therapy.

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| Parent Child Center Partners for Prevention Program Director | Riveria Beach, FL June 2009 - Present |
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Manage DCF Diversion program for the northern and western parts of Palm Beach County. Core functions include implementing, refining, overseeing, and participating in the delivery of short-term services to children and their families utilizing a solution-focused approach, through monitoring, planning, linking and advocating as required by the system of care. Manage annual program budget.

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| Parent Child Center Outpatient Therapist | Riveria Beach, FL January 2009 – December 2013 |
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Provide community-based individual and family therapy; Attend weekly Clinical Team meetings; Provide screening, ongoing assessment, treatment planning, and completion of outcome measures; Provide crisis intervention and on call support as required; Model and teach social skills; Act as a liaison for the agency with outside social service agencies, schools, and other organizations; Maintain complete, accurate and comprehensive records; Maintain client charts and clinical documentation;

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| St. Mary's Medical Center - Institute for Mental Health Mental Health Therapist, Per Diem | West Palm Beach, FL November 2008 – January 2011 |
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Assess patients that are admitted under the Baker Act. Complete psychosocial evaluation and report for the psychiatrist. Coordinate aftercare planning with the patient. Maintain communication with family of the patients. Facilitate groups including the aftercare group.

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| Health Care District of Palm Beach County <i>Behavioral Health Professional, West Gate Elementary</i> | West Palm Beach, FL November 2006 – July 2008 |
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Coordinate and take responsibility for the behavioral, emotional, and social assessment of students; Evaluate individual students' needs for behavioral health intervention; Provide classroom support; Coordinate meetings with parents and teachers; Assist parents in finding appropriate services for their children; Facilitate the promotion of student's strengths, social competence, and development of health attitudes and behaviors; Run weekly groups on various topics including self-esteem, social skills, and grief.

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| Fisher College <i>Adjunct Instructor</i> | North Attleboro, MA November 2005-September 2006 |
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Courses Taught: Child Development, Strategies for Children's Behavior

South Bay Mental Health Center
Staff Therapist; Mentor

Plymouth, MA
 January 2005-September 2006

Provide community-based individual, family, and couple's psychotherapy; Consult with outside agencies, referral sources, and other professionals as needed; Initiate, maintain, and complete clinical files and records for each client, including comprehensive assessments, treatment plans, session notes, termination summaries and other required documentation; Complete billing documentation; Attend court hearings, CORE evaluations, and other meetings as required; Respond to client emergencies; Trained and supervised new employees over a three month period.

Girls and Boys Town of South Florida
Family Centered Services, Family Consultant

West Palm Beach, FL
 March 2002-December 2004

Provides community-based early intervention counseling services to families and grade school-aged children; Maintained a case load of 38 families per year, 7 active families at a time; Conducts comprehensive assessment and solution-focused service planning and interventions; Acts as a liaison and solicits referrals from participating schools; Provide classroom support; Participated in Targeted Geographical Area (TGA); Prepares documentation according to Program Standards; Links families to community resources; Provides 24 hour on-call support.

Community Intervention & Research Center, Inc. (CIRC)
Intervention Specialist

West Palm Beach, FL
 March 1999-March 2002

Provided community-based family counseling and behavior modification to school-aged children with Axis 1 diagnoses; Developed mental health narrative assessments, individualized treatment plans and interventions, and safety plans; Provided 24 hour on-call support and crisis intervention, including invoking the Baker Act as indicated; Prepared and submitted documentation related to case progress, critical incidents and other recommendations to the Clinical Director; Developed and Maintained effective working relationships to referral and ancillary support services. Consulted and directed the activities of the Behavioral Aides (3).

CLINICAL & RESEARCH EXPERIENCE

- Child Group Work
 - Developed curriculum and facilitated group at Wynnebrook Elementary for 8 children ages 6 to 10 year olds lasting 4 weeks.
- Parenting Skills Group
 - Developed curriculum and facilitated group at South Bay Mental Health Center in Plymouth, MA for parents to improve their parenting skills

TRAINING AND CERTIFICATIONS

Registered Play Therapist Supervisor, since 2010
 Licensed Mental Health Counselor credential, since 2007, Approved Supervisor, since 2010
 Rising Leaders graduate, 2014

COMMUNITY ENDEAVORS

Co-Director UCF Dance Marathon benefiting Children's Miracle Network, 1997-1998
 Children's Home Society Mentoring Program: Mentored teenage mother from 2002 to 2004.
 Association for Play Therapy, professional member since 2004, NE board member 2005-2006
 American Counseling Association member since 2013
 Domestic Violence Council of Palm Beach County member since 2013